

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it: Trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him forever in the next.

The Third Step Prayer

God, I offer myself to Thee to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always! Amen.

© Copyright 2005 Alcoholics Anonymous World Services, Inc. All Rights Reserved. "Graphic images may not be downloaded, copied or duplicated without the express written permission of Alcoholics Anonymous World Services, Inc."

The Seventh Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength as I go out from here, to do your bidding. Amen

© Copyright 2005 Alcoholics Anonymous World Services, Inc. All Rights Reserved. "Graphic images may not be downloaded, copied or duplicated without the express written permission of Alcoholics Anonymous World Services, Inc."

St. Francis of Assisi Prayer

Lord, make me an instrument of your peace, where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

Lord, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

The "Set-Aside" Prayer

"Dear God, please set aside everything I think I know [about myself, my disease, the Big Book, the 12 Steps, the Program, the Fellowship, the people in the fellowship, and all spiritual terms, and especially about you God] so I may have an open mind and a new experience [with all these things]. Please help me see the Truth. Amen."